

Care For the Caregivers (CFTC) Relief Program

'Cause caregivers need love too!

"What should I do to care for my loved one and where do I go for help?"

For Their Thoughts foundation was founded in July of 2020 when a personal journey was realized to be a national need.



HOPE & RELIEF: Bringing relief *now* while pointing the way to resource and respite for *continued* care support.

FTTF Impact Timeline

- 2020 - Establish For Their Thoughts Foundation
- 2021 - Launch and test *Care For the Caregivers Relief Program*: Care For their Thoughts with 4-10 pilot packages.
- 2022/2023 - Formalize program, gift 30 relief grants to 30 family caregivers,

Eligibility

- ✓ Live-In and unpaid care-partner or caregiver to a family member or close friend with dementia.
- ✓ Have a financial need directly related to your caregiving role.
- ✓ Open to share your experience as a caregiver to your LOWD to help others.

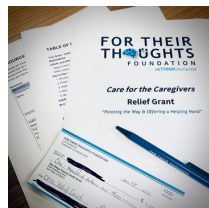
Relief Package

One time grant valued at ~\$1000 to bring hope and relief for *today* and continued care for *tomorrow*:

- A small cash grant or supplemented service to provide caregiving relief.
- Customized resource information

Share your Story

Stories of caregiving are stories of love. When we share our stories, we help others feel less alone, reduce the stigma and help the public better understand what dementia impacts. We ask each recipient to help us help others by sharing their journey.



Learn more: <https://www.fortheirthoughts.org/caregiving-support/>

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