

FOR THEIR THOUGHTS

#rethinkdementia

FOUNDATION

is hosting



Benefit

A **360°** PERSPECTIVE ON DEMENTIA

Experience - what life is like with dementia

Walk - in the shoes of a family caregiver

Recognize - your own brain health

Saturday

APRIL 30th, 2022

3:00 PM - 7:00 PM

Common Grounds Workplace

(Pointsettia Carlsbad Station)

3pm - Live Music, Eats & Drinks,
Raffles, Interactive Exhibits

6pm - Event Program

TICKETS & INFO: www.fortheirthoughts.org/careftt



All event proceeds will support the For Their Thoughts **Care For the Caregivers Relief Program** which gifts grants of resources and respite to family caregivers